



## **Toddler Studio | Ages 22 months – 3 years**

### **8:30 – 8:45 | Arrival and Free Time Outside**

Learners arrive, store lunch boxes, and enjoy free time outdoors—rain boots welcomed!

### **8:45 – 9:20 | Free Time - Outside Play**

Gross motor fun with climbing, slides, trikes, scooters, bikes, trucks, balls, and sand.

### **9:20 – 9:30 | Transition Time**

Boots and jackets off, shoes on, and prepare for group time.

### **9:30 – 9:40 | Group Time & Story Time**

We connect by exploring the day, month, season, and weather through songs and stories.

### **9:40 – 9:45 | Bathroom Break**

Learners are guided one at a time for bathroom use, diaper changes, and handwashing.

### **9:45 – 10:00 | Snack Time**

Refuel with healthy snacks, practice self-care, and enjoy gentle social moments with friends.

### **10:00 – 11:00 | Work Cycle**

Focused individual activities: art, puzzles, fine motor play, books, blocks, and manipulatives.

### **11:00 – 11:15 | Music, Movement & Story Time**

Dancing, clapping, hopping, jumping, marching, and exploring rhythm with instruments, songs, and interactive stories.

### **11:15 – 11:25 | Bathroom Break**

Learners take turns using the bathroom with gentle guidance, practicing proper handwashing and hygiene habits to build independence and care for themselves and others.

**11:25 – 11:50 | Lunch Time**

A community-focused mealtime where learners enjoy their lunches and continue practicing self-help and social skills.

**11:50 – 12:00 | Clean Up**

Learners take responsibility for their space—putting away glassware, placemats, and returning lunch boxes to cubbies.

**12:00 – 12:30 | Free Time - Outside Play**

More time to explore and move freely outdoors with friends.

**12:30 – 12:40 | Return Inside & Bathroom Break**

Toilet or diaper change, hand and face washing, and a drink of water to reset for rest time.

**12:40 – 2:00 | Nap Time**

A peaceful rest period. Learners who do not fall asleep may be invited to participate in quiet activities during the second half of the nap window.

**2:00 – 2:40 | Quiet Work Cycle**

For early risers, a calm continuation of the day with independent, low-stimulation activities.

**2:40 – 2:45 | Prep for Dismissal**

Learners gather their belongings—lunch boxes, backpacks, water bottles, and nap mats—and prepare to say goodbye.

**2:45 | Dismissal**